

# RECREATIONAL EVENTS FOR ALL RESIDENTS

***MAKE YOUR RESERVATIONS TODAY!*** Simply go to the calendar page of our website - [www.cityoflakesidepark.com](http://www.cityoflakesidepark.com) or leave a message with your name, address, e-mail address and telephone number on the Recreation Line at (859) 426-7200.

## **SAFETY & EXERCISE PROGRAMS**

*Lisa Moellering, Exercise Specialist, is offering two classes to be held at Everyday Motions, 555 Centre View Blvd., Crestview Hills.*

Lakeside Park senior citizens are receiving a very special discount on these programs!

***Make reservations by calling Lisa at 859-462-0108.***


**You Can Do It!**



**SENIOR MOTIONS:** 4 weeks -Tuesdays 11/4-11/25 at 11:30 a.m. This is for residents 65+ wanting to do the motions necessary to help with safety: fall prevention, recovery, going up/down stairs, getting in/out of a chair and car, etc. Lisa will use fun and creative ways to help seniors maintain skills necessary to feel younger, sleep better and stay active longer. Discounted cost is \$30 per person.

**SENIOR CHALLENGES:** 6-weeks - Thursdays 11/6-12/18 (excluding Thanksgiving) at 11 a.m. This is for residents 55+ who feel in decent shape but want to be challenged. Challenges will be given to perform better each week. The program will be fun, yet safe and effective, to help seniors maintain muscle, balance, coordination, bone density, and flexibility. Discounted cost is \$50 per person.

## **WE ARE DOUBLING THE FUN BY HOLDING TWO SESSIONS!**

<b><u>2 ICE SKATING PARTIES</u></b>		11/27, 5:30 p.m. - 7:30 p.m.
		12/26, 5:15 p.m. - 7:15 p.m.
		<b>NORTHERN KENTUCKY ICE CENTER!</b>
		<i>No registration is necessary.</i>

**WE ARE PASSING THE SAVINGS ON TO OUR RESIDENTS!** *We have discounted Rave/Cinemark movie tickets!! Regular admission price is \$10.75. These discounted tickets can be picked up at the City Building for only \$8.00! Buy some for yourself and buy some to use as gifts! Sit back and enjoy the show (and the savings!)*



**Like us on Facebook: City of Lakeside Park, KY Recreation.**  
*Our residents are having a lot of fun at our recreational events.*

*We hope to see YOU soon!*

**MARK YOUR CALENDARS TODAY!**

# LIGHT-UP LAKESIDE AT BARLEYCORN'S!



**Sunday, December 7th**  
**5:30 p.m. - 8:30 p.m.**

The Boy Scouts of America Troop 820 begin early in the afternoon setting out & then lighting the street-lined luminaries! Soldiers from our Adopt-A-Unit will attend so that we can thank them for their service, and also have the opportunity to make a donation. Santa Claus will be available for pictures and provide a treat for all the good boys and girls! The Blessed Sacrament Church Adult Choir will be performing at 6:30 p.m. Barleycorn's will provide free hot chocolate and a warm tent. Our City will provide candy canes and cookies. And, last but not least, we can always count on our wonderful residents to provide the heart-warming holiday spirit of fun and love! **Call Aimee Pelletier at 426-8498 to schedule a free carriage ride.**

## LETTERS FROM SANTA

Santa will be writing lots of letters again this year!



If you would like your child to receive this nice surprise, please e-mail Grace Neltner at [lsp\\_rec@fuse.net](mailto:lsp_rec@fuse.net) with your child's name, address and any other pertinent information to include in the letter. We will make sure Santa receives the information. **Deadline is 12/10.**



## **BEST HOLIDAY DECORATIONS CONTEST**

Our City is so very beautiful, but holiday decorations sure make our City extra-special! Residents are going to be in competition again this year. **Please submit nominations by e-mail [lsp\\_rec@fuse.net](mailto:lsp_rec@fuse.net) or a message on the Recreation Line 426-7200 by noon on 12/12.** Amateur decorators only. **Three winners will be notified and announced on our website on 12/19.**

## TOTTER'S OTTERVILLE

**Friday, January 2**  
**10:00 a.m. - noon**

Play, discover and have fun! Free event. Chaperones must accompany little ones during event. **RSVP by noon on 12/28.**



## SNOW TUBING PARTY

**Sunday, January 4**  
**1:00 p.m. - 3:00 p.m.**

\$15 CASH at the door, along with a waiver from [www.perfectnorth.com](http://www.perfectnorth.com). **RSVP for this event by noon on 1/3.** Residents must arrive no later than 12:45 p.m. in order to receive the discounted \$15 rate.

## **ENJOY GATHERING TOGETHER WITH OLD AND NEW FRIENDS IN OUR LOVELY CITY !**



**The Musical - Les Miserables**  
**2/28/15, 8:00 p.m., NKU Corbett Theatre**  
There are a limited number of tickets available at the City Building for this popular masterpiece! Tickets are \$5. First-come, first-served basis.